

Why I Volunteer at TREC ...

I Leave a Better Person



John Ruskin, a prominent Victorian social thinker and philanthropist once said, "The highest reward for a person's work is not what they get for it, but what they become because of it."

This statement summarizes why I volunteer at TREC. I believe my volunteer work at TREC helps me become a better person.....more patient, grateful, kind, understanding, open-minded and compassionate. It is also the one place every week, where my "best" (even though it's not perfect), is always good enough. And that is always great for my self-confidence. I love coming to TREC on Monday nights.

Every week, I leave a better person....and in a better mood.

Thanks TREC for affording me such a great opportunity. ~ Libby Kelly

Proud TREC Volunteer

I have been pondering for a year or two about volunteering at TREC. But, the gas money, the drive and college have always kept me from doing it. Well finally after my second round of college (going back for Physical therapy Assistant) I decided to expand my education and look into therapeutic riding. So I decided in April of this year once things calmed down with college I would start volunteering there. It was one of the best decisions of my life; I can better and further my education while meeting some great people all while being around horses. I drive once a week from Pittsfield Pa to TREC to volunteer and it's worth the drive! I love seeing the faces of the kids when they get to experience something out of the ordinary; they deserve to experience happiness just like we do. I have heard some amazing tear jerking stories of what these kids can accomplish on a 1,000lb animal, why would you not want to witness and be a part of that?! These kid's smiles are infectious! What is even more amazing is how good these horses react to these kids, so willing, sweet and easy going. These horses deal with multiple personalities on a weekly basis and handle ever session well!

I am looking into getting PATH certified in becoming an instructor myself sometime down the road when I get some things in order. ~ Lynn Gurdak -

